

Semester One		
ALHS 1040	Introduction to Healthcare	3
ALHS 1060	Diet & Nutrition for ALHS (Pre-Req: Regular Admission*)	2
ALHS 1090	Medical Terminology	2
Total Hours:		7

Semester Two		
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NAST 1100	Nurse Aide Fundamentals (Pre-Req: ALHS 1040 + ALHS 1060 + ALHS 1090)	6
Total Hours:		6

Total Program Hours: 13



This plan is for informational purposes ONLY.
It is not a substitute for meeting with a
program advisor each term.

*Regular Admission means that a student has met all admissions requirements and that the student does not require any learning support classes.